

## **MODULE ONE: WRITING FOR STAGE AND SCREEN**

### Writing: DAY ONE

- Where do ideas come from?
- How to “write” feelings
- What language should I write in
- Finding your “voice”
- Who’s your audience?
- What are the ways in which African stories are told?
- An exploration of screen- and play-writing from around the world
- Writing Exercise

### Writing: DAY TWO

- Stretches and warming up the body, breath, voice
- Re-cap of Day I Exercises:
- What are you writing? What do you want to write?
- Writing for screen – what to include and what to leave out
- How Others Write I
- Creating believable / unforgettable characters
- Writing Exercise

### Writing: DAY THREE

- How Others Write II
- Where to write
- Devised work (improvisation and performance-driven work)
- “Scoring” a performance (rhythm, tenor, space)
- Writing Exercise

### Writing: DAY FOUR

- How Others Write III
- Warm-up (body, breath, voice)
- Critiquing
- How to Write a Synopsis, Treatment
- Final questions and wrap-up

## **MODULE TWO: SCREEN PERFORMANCE**

### Screen Acting: DAY ONE

- Introductions
- What’s the difference between stage and screen acting
- Types of Shots,

- Flashbacks and VoiceOvers
- Film Lingo
- Who's Who on Set and What Do They Do

#### Screen Acting: DAY TWO

- Warming up / body, breath, voice
- Working with Frames
- How your script translates into film plus adaptations
- What does the director want from me?
- Exercise

#### Screen Acting: DAY THREE

- Warm-up / body, breath, voice
- Exercises In Front of The Camera
- Recording the exercises
- Watch/Critique taped exercises

#### Screen Acting: DAY FOUR

- Auditions, how to ace them
- Rehearsals and Technicals:
- What does the camera see?
- Conducting interviews
- Final questions and wrap-up

## **MODULE THREE: STAGE PERFORMANCE**

#### Stage Acting: DAY ONE

- Introductions
- What you want to get out of this workshop
- Some examples of performance from around the world
- The three basic performance skills
- Identifying your skills

#### Stage Acting: DAY TWO

- Warm-up / body, breath, voice
- Some Kenyan concerns:
- "Scoring" a performance (movement, dance, the space)
- Discipline and personal support systems
- Basic acting skills (Creating believable / unforgettable characters)

### Stage Acting: DAY THREE

- Warm-up / body, breath, voice
- Breathing and the voice
- Approaching a project and auditioning
- What do you want from the director? What does s/he want from you?
- Acting exercises

### Stage Acting: DAY FOUR

- Warm-up (body, breath, voice)
- More acting exercises
- Critiquing your own and others' work
- Final questions and wrap-up

We hope this piqued your interest and that we'll be welcoming you at one of MKs workshops some day...

For more information, or to participate in our next series of workshops ,  
[contact@theartscanvas.com](mailto:contact@theartscanvas.com) or **TEXT +254 707 305365.**